



CUMAC

Feeding People & Changing Lives

Regular Pantry Needs

- ♥ Cereal- hot & cold
 - Breakfast bars
- ♥ Peanut Butter & Jelly
 - Powdered, canned & evaporated milk
 - Raisins & other dried fruit
- ♥ Baby food & formula
 - Canned drinks, juice boxes, powdered mixes, coffee, tea cocoa & low sodium drinks
- ♥ Canned, fresh and frozen vegetables
- ♥ Canned soups & powdered
- ♥ soup mixes
- ♥ Canned, fresh and frozen fruit (regular & low sugar)
- ♥ Rice & beans; taco dinner boxes
- ♥ Pasta & tomato sauce, tomato paste, cooking sauces
- ♥ Canned meals (chili, spaghetti, hash, stew)
- Snacks: crackers, cookies, cake and muffin mixes
- Protein supplement drinks (e.g. Ensure)
- ♥ Canned meat (tuna, chicken, beef)

♥ HEART items are particularly appreciated as they are in high demand

*Please note: Cans and plastic containers are preferable to glass. CUMAC welcomes refrigerated and/or frozen food, as well as fresh fruits and vegetables.

*Please call ahead before dropping food off as our hours vary. If you would like food to be picked up, please call in advance to make arrangements.

*Financial contributions are also greatly appreciated as CUMAC is able to purchase food at a bulk rate of 18 cents per pound, turning even a small cash donation into significant services for our clients.